

N S C B Medical College, Jabalpur (M.P.)

MBBS Phase - I Admission Batch 2019, Foundation Course Time Table (01.08.19 to 30.08.19)

01.08.19	Faculty	Topic
08:30-09:00	Attendance	
09:00- 10:00	Dean, MEU Coordinator Superintendent, HODS, Curriculum Committee members	Inauguration of Foundation Course Lamp lighting & Saraswati Vandana
10:00-10:20	Dr Kavita N Singh- MEU Coordinator	Overview of Foundation course
10:20 – 10:40	Dr Navneet Saxena- Dean & Chairman MEU	What does it mean to be NSCBian
10:40- 11:30	Dr Ashok Sahu and by HODs of Phase I	Overview of MBBS Course
11:30- 12:00	Dr Dhananjay Sharma	Introduction to Medical Profession
12:00- 01:00	Interactive session - Dr Deepti B Sharma & Curriculum Committee	Why I want to be a Doctor
01:00-02:00	Lunch	
02:00-03:00	All Pre & Para staff	Interaction with Pre and Para clinical faculty
03:00-04:30	Mrs Ravija Shrivastav	Personality Development classes
02.08.19	Faculty	Topic
08:30-09:00	Pranjal Mishra, Rafia Salam	Experience of senior students of 1 st & 2 nd Year
09:00-09:30	Dr Pushpraj S Baghel	University rules for exams ,attendance etc
09:30-10:00	Dr Jitendra Bhargava	Medicine-Art & Science of Healing
10:00-10:30	Dr Kavita N Singh	Introduction to AETCOM
10:00-10:30	Dr Navneet Saxena	Medical Ethics
10:30-11:00	External faculty (Ayush)	Alternate health system in the country
11:00-11:30	Dr Arvind Sharma	Health Care System & Its Delivery
11:30- 12:30	Dr Rajesh Tiwari /Dr Pk Joel	How to avoid & over Come let down
12:30-01:00	Curriculum Committee members	Interactive session/Feed back
01:00-01:30	Lunch	
01:30-02:00	Dr Ashish Sethi	Introduction to basic life support
02:00 -03:00	Language-Introduction to grammar	External Faculty
03:00-04:00	Computer- Basics of Hardware,	External Faculty
04:00- 05:00	Drawing & Sketching Competition	Cultural Committee

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03.08.19	Faculty	Topic
08:30- 09:30	Dr Priyadarshini Tiwari	Ragging-Rules & Regulation, Anti ragging measures
09:30-10:00	Dr P CJain	Cadaver: Your first teacher in Medical Field-Anatomy
10:00-10:15	Dr P K Budholia	The Body Machine-Physiology
10:15- 10:30	Dr Jaidev Singh	The chemistry of Life- Biochemistry
10:30-10:45	Dr Riti Jain Seth	The Detectives in Medicine- Microbiology
10:45 - 11:15	Dr D P Lokwani	The ABC of Pathology
11:15- 11:30	Dr Vivek Shrivastav	Forensics & Introduction
11:30-11:45	Dr K K Daryani	The AMRIT of life- Pharmacology
11:45-12:00	Dr Shashiprabha Tomar	The Guardians of Public health- PSM
12:00-12:30	Dr P K Kasar	Unethical Behavior & Unprofessionalism
12:30-01:00	Dr P K Kasar	AETCOM & Its role in Medical Profession
01:00-01:30	Lunch	
01:30-02:00	Dr Ashish Sethi	Introduction to basic life support
02:00 -03:00	Language- Communication	External Faculty
03:00-04:00	Computer- OS & Software	External Faculty
04:00- 05:00	Extempore Competition	Cultural Committee
04.08.19	Holiday	
05.08.19	Faculty	Topic
08:30-09:00	Dr K K Gour	History of evolution of Medicine
09:00-12:30	Faculty of Pre & Para clinical Department	Campus and Hospital Round,(Group A, B & C) *
12:30-01:00	Dr Neelam Toppo	Role of empathy in Medical Profession
01:00-01:30	Lunch	
01:30-02:00	Dr Mayank Chansoria	ABC of CPR-Demonstration (Video)
02:00 -03:00	Language- Expressive Speech	External Faculty
03:00-04:00	Computer- Introduction to MS Word	External Faculty
04:00- 05:00	Sports events	Sports Committee
06.08.19		
08:30-09:00	Dr Archana G Singh	Role of doctor in society & as team leader
09:00-09:30	Dr Neelam Toppo	Communication skill

90:30-10:00	Dr Pawan Agrawal	The realities of medical practice/Basic clinical research
10:00-10:30	Dr Kavita Sachdeva	Expectations from IMG
10:30-11:00	Dr O P Raichandani	Tips & tricks to achieve the goal
11:00-11:30	Dr Akansha Tomar	National health Priorities & Policies
11:30-01:00	Interactive activity/quiz/feedback	Dr P A Siddiqui, Dr Arjun Saxena, Dr Bharti Sahu Dr Ruchir, Dr Amarish, Dr Sachin Kuchya, Dr Radhika
01:00-01:30	Lunch	
01:30-02:00	Dr Mayank Chansoria	ABC of CPR-Demonstration (Video)
02:00 -03:00	Language- Patients interaction	External Faculty
03:00-04:00	Computer- Introduction to power point	External Faculty
04:00- 05:00	Sports	Sports Committee
07.08.19	Faculty	Topic
08:30-09:00	Dr Vikesh Agrawal	Medical Etiquettes & Officer like qualities
09:30-10:30	Dr Vivek Shrivastav / Dr Nidhi Sachdeva	Medical negligence, Medicolegal cases, Indemnity Insurance
10:30-11:30	Pt. A. Tiwari/Mr Arvind Kavishwar	Yoga & Healthy life style
11:30-12:30	Dr Sonal Sahni / Dr Arjun Saxena	Doctor Patient relationship/ How to handle unexpected incidences in medical profession
12:30-01:00	Dr Neelam Toppo/ Dr R K Jain	Demonstrate empathy in patients –Encounters & Students reflections
1:00-01:30	Lunch	
01:30-02:00	Dr Natwar L Agrawal/ Dr Ranu Mishra	Handling body parts, cadaver and infectious material in lab
02:00 -03:00	Language- Effective reading	External Faculty
03:00-04:00	Computer- Word practice session	External Faculty
04:00- 05:00	Sports	Sports Committee
08.08.19		
08:30-09:30	External Faculty	Nutrition role in Hospital and healthy diet
09:30-10:30	Dr Tapas Chakma	Basics of Medical research & ICMR-STs
10:30-11:30	Dr Ruchir Khare	Importance of group dynamics & team work
11:30-12:30	Dr D B Sharma & External faculty	Expectation of society from a doctor
12:30-01:00	Interactive session (Curriculum Committee)	How to Shine in Medical Profession
1:00-01:30	Lunch	
01:30-02:00	Dr Arjun Saxena	Introduction to parenteral and injections techniques

02:00 -03:00	Language- Formal letters	External Faculty
03:00-04:00	Computer- How to prepare power point	External Faculty
04:00- 05:00	Sports	Sports Committee
09.08.19		
08:30-01:00	Faculty of Pre clinical subjects/Community Medicine – Field Visit	NRC/ DOTS Centre/Immunization Centre/CHC/ PHC
01:00-01:30	Lunch	
01:30-02:00	Dr Deepak Warkade	Effective History Taking of patients
02:00 -03:00	Language- Articles & Journals	External Faculty
03:00-04:00	Computer- PPT (cont.)	External Faculty
04:00- 05:00	Poetry Competition	Cultural Committee
10.08.19		
08:30-01:00	Faculty of Pre clinical subjects/Community Medicine – Field Visit	NRC/ DOTS Centre/Immunization Centre/CHC/ PHC
01:00-01:30	Lunch	
01:30-02:00	Dr Kavita N Singh/ Dr D P Lokwani	Balance of personal and professional life
02:00 -03:00	Language- Notes taking	External Faculty
03:00-04:00	Computer- Paint & brush, Nitro,	External Faculty
04:00- 05:00	Singing Competition	Cultural Committee
11.08.19	Holiday	
12.08.19	Holiday	
13.08.19		
08:30-09:00	Dr H S Verma & Dr Sachin Upadhyay	How to interact with peers, seniors, faculty & patients
09:00-10:00	Dr Shashi Khare & Dr Shyamji Rawat	How to handle stress
10:00-10:30	Dr Sachin Kuchya & Dr Rajesh Kumar	Time management
10:30-11:00	Dr Shailesh Kumar	Role of IT in health
11:00-01:00	First Aid - Video	Dr Ritu Gupta, Dr S Nelson ,Dr Shashiprabha Tomar, Dr K K Gour
01:00-01:30	Lunch	
01:30-02:00	Dr Dhananjay Sharma	Quick thinking and decision making
02:00 -03:00	Language- Writing skill for exams	External Faculty
03:00-04:00	Computer- MS Excel	External Faculty
04:00- 05:00	Sports	Sports Committee

14.08.19		
08:30-09:00	Dr Geeta Guin	Gender sensitization & Sexual Harassment
09:00-09:30	Dr Geeta Guin	Laws applicable to Medical practice
09:30-10:00	Dr Richa Sharma	Working of Casualty (Ambulance referral, MLC)
10:00- 10:30	Seema Suryawanshi	Emergency Care in Casualty
10:30-11:00	Dr Bahubali Jain	Interaction with staff, nurses, patients, bystanders in waiting area
11:00-11:30	Mrs. Archana Peter	Role of Nursing in patient care
11:30-12:00	Dr Ashish Gupta	Options during and after MBBS
12:00-12:30	Dr Sanjoy Pandey	Medical Investigations- When & How
12:30-01:00	Dr D B Sharma	SDL- Role of social media & Personal Experience
01:00-01:30	Lunch	
01:30-02:00	Dr Avyakt Agrawal	Adaptability
02:00 -03:00	Language- Writing skills for exams	External Faculty
03:00-04:00	Computer- MS excel (cont.)	External Faculty
04:00- 05:00	Sports	Sports Committee
15.08.19	Holiday	
16.08.19		
08:30-01:00	Faculty of Pre clinical subjects/Community Medicine – Field Visit	NRC/ DOTS Centre/Immunization Centre/CHC/ PHC
01:00-01:30	Lunch	
01:30-02:00	Dr Y R Yadav/ Dr V S Parihar	Problem solving and critical thinking
02:00 -03:00	Language- Word power	External Faculty
03:00-04:00	Computer- Use of internet	External Faculty
04:00- 05:00	Debate Competition	Cultural Committee
17.08.19		
08:30-01:00	Faculty of Pre clinical subjects/Community Medicine – Field Visit	NRC/ DOTS Centre/Immunization Centre/CHC/ PHC
01:00-01:30	Lunch	
01:30-02:00	Dr R Godvin/Dr Mayank Chansoria	Practice Session- CPR
02:00 -03:00	Language- Introduction to common medical terms	External Faculty
03:00-04:00	Computer- Use of online resources in Medical Field	External Faculty
04:00- 05:00	Skid Preparation & presentation on current medical problems	Cultural Committee
18.08.19	Holiday	

19.08.19		
08:30-09:00	Dr Manish Nagendra	Biosafety
09:00-09:30	Dr Mamta Gour	Biomedical waste management
09:30-10:30	Dr Monica Lazarus	Universal Precautions & vaccination
10:30-11:30	External Faculty & Dr Anil Agrawal	Medicine & law interaction with advocate
11:30-12:00	Dr P Puneekar & Dr Pawan Ghanghoria	Breaking a bad news to relatives
12:00 – 12:30	Dr Laxmi Singotiya	Role of IMG in Palliative care
12:30-01:00	Dr D B Sharma/ Dr Archana Singh	Interpersonal relationship and communication with peers
01:00-01:30	Lunch	
01:30-02:00	Dr R Godvin/ Dr Mayank Chansoria	Practice session- CPR
02:00 -03:00	Language- Grammer-2	External Faculty
03:00-04:00	Computer- Use of Google drive	External Faculty
04:00- 05:00	Sports	Sports Committee
20.08.19		
08:30-09:30	Dr Neha Gupta	Importance of reporting, documentation, feed back
09:30- 11:30	Faculty of Pre & Para clinical subjects/Community Medicine – Field Visit	Visit to Central lab, blood bank, MRD, Library, Central store, workshop, etc
11:30-01:00	Dr Vineeta Ghanghoria	Importance of asking questions & doubts in classroom , clinical posting
01:00-01:30	Lunch	
01:30-02:00	Dr Uday Somseekhar	Organ Donation
02:00 -03:00	Language- Basic Grammar 3	External Faculty
03:00-04:00	Computer- Cyber security	External Faculty
04:00- 05:00	Sports	Sports Committee
21.08.19		
08:30-09:30	Dr Swati Patel/Dr Dileep S Thakur	How to call rescue team to save ones life
09:30-10:30	Dr Riti Jain Seth	Principle of Bioethics
10:30-11:30	Dr Mayank Chansoria	Introduction of compression only life support COLS
11:30-12:30	Dr D P Lokwani/ Dr Vijay Shrivastav	Professionalism
12:30-01:00	Dr Mayank Chansoria	COLS peer assisted practice session
01:00-01:30	Lunch	
01:30-02:00	Dr Shishir Chanpuria	Blood Donation
02:00 -03:00	Language- Basic Grammar 4	External Faculty
03:00-04:00	Computer – Tele Medicine	External Faculty

04:00- 05:00	Sports	Sports Committee
01:30-02:00		
08:30-01:00	Faculty of Pre clinical subjects/Community Medicine – Field Visit	NRC/ DOTS Centre/Immunization Centre/CHC/ PHC
01:00-01:30	Lunch	
01:30-02:00	Dr Ritu Gupta	Protection and prevention from communicable disease
02:00 -03:00	Language- Practice session-1	External Faculty
03:00-04:00	Computer- Practice session-1	External Faculty
04:00- 05:00	Sports	Sports Committee
23.08.19	Holiday	
24.08.19		
08:30-01:00	Faculty of Pre clinical subjects/Community Medicine – Field Visit	NRC/ DOTS Centre/Immunization Centre/CHC/ PHC
01:00-01:30	Lunch	
01:30-02:00	Dr Pankaj Asati	Food and Lifestyle of an IMG
02:00 -03:00	Language- Practice session-2	External Faculty
03:00-04:00	Computer- Practice session-2	External Faculty
04:00- 05:00	Antakshri & Dance competition	Cultural Committee
25.08.19	Holiday	
26.08.19		
08:30-09:30	Dr R K Jain/Dr Riti Seth	Biosafety
09:30-10:30	Dr L K Patel	Filing of investigation form and collection of lab results
10:30-11:30	Dr Silas Nelson	Primary care of bites
11:30-12:30	Dr Neelam Toppo/ Dr Archana Singh	Disclosure of Medical Errors
12:30-01:00	Dr Inder Dev/ Dr Priyanka Kukrele	Care of Drowning Case
01:00-01:30	Lunch	
01:30-02:00	Dr Sachin Kuchya	Tools of good medical practice
02:00 -03:00	Language- Practice session-3	External Faculty
03:00-04:00	Computer- Practice session-3	External Faculty
04:00- 05:00	Sports	Sports Committee
27.08.19		
08:30-09:30	Dr Lalit Jain/Dr Mamta mahobia	Caring and Handling of Food Poisoning
09:30-10:30	Dr Bharti Sahu/Dr Vivek Shrivastava/ Dr Nidhi Sachdeva	Confidentiality of patient's illness and details

10:30-11:30	Dr Jitendra K Jatav	Caring and handling of Electric Shock
11:30-12:30	Dr Ashwini Pathak/Dr Ashish Sirsikar	Doctor-Pharmaceutical industry relationship
12:30-01:00	Dr Rajeev Kukrele	Fire Safety & Burn Injuries
01:00-01:30	Lunch	
01:30-02:00		How to be attentive in class room
02:00 -03:00	Language - Practice session-4	External Faculty
03:00-04:00	Computer- Practice session-4	External Faculty
04:00- 05:00	Sports	Sports Committee
28.08.19		
08:30-09:30	Dr Arvind Sharma/ Dr Ruchir Khare/ Dr Vandana Punase	Hosteller- Day Scholar relationship
09:30-10:30	Dr Neelam Toppo/ Dr Avyakt Agrawal/Dr Sushma Ratre	How to handle cultural & social stigmas in patients care
10:30-11:30	Dr Anil Agrawal/Dr Aniruddha Shukla	Handling of airway obstruction
11:30-12:30	Dr Parvez Siddiqui	Commitment of life long learning
12:30-01:00	Dr Pawan Soni	Caring and Handling of unconscious patients
01:00-01:30	Lunch	
01:30-02:00		Importance of revision
02:00 -03:00	Language- Practice session-5	External Faculty
03:00-04:00	Computer- Practice session-5	External Faculty
04:00- 05:00	Sports	Sports Committee
29.08.19		
08:30-09:30	Dr Rakesh tirkey/Dr Aditya Thakur	Disaster management
09:30-10:30	Dr Kavita N Singh	Antenatal and postpartum care of mother
10:30-11:30	Dr Radhika Nandwani/Dr Kuldeep/ Dr Babita/Dr Kapil	Importance of Physical fitness & hobbies
11:30-12:30	Dr Geeta Guin/Dr Shweta Sirsikar	Socioeconomic & ethical issue to abortion/MTP
12:30-01:00	Dr Shashi P Tomar/ Dr Archana Singh/Dr Ashok Sahu/Dr D B Sharma	Reflection
01:00-01:30	Lunch	
01:30-02:00	Dr Mayank/Dr R Godvin/Dr Inder Dev/Dr mamta Mahobia	Quiz on Biosafety, First Aid
02:00 -03:00	Language- Practice session-6	External Faculty
03:00-04:00	Computer- Practice session-6	External Faculty
04:00- 05:00	Sports	Sports Committee
30.08.19		
08:30-01:00	Faculty of Pre clinical subjects/Community Medicine – Field Visit	NRC/ DOTS Centre/Immunization Centre/CHC/ PHC

01:00-01:30	Lunch	
01:30-02:00	Dr Ashish Sethi/Dr P Punekar/Dr P Ghanghoria	Group discussion over life support system
02:00 -03:00	Language- Practice session-7	External Faculty
03:00-04:00	Computer- Practice session-7	External Faculty
04:00- 05:00	Sports	Sports Committee
31.08.19		
08:30-01:00	Faculty of Pre clinical subjects/Community Medicine – Field Visit	NRC/ DOTS Centre/Immunization Centre/CHC/ PHC
01:00-01:30	Lunch	
01:30-02:30	Dr Kavita N Singh/Dr Ruchir Khare	Foundation Feedback from students
02:30 -03:30	Language- Practice session-8	External Faculty
03:30-04:30	Computer- Practice session-8	External Faculty
04:30- 05:00	Sports	Sports Committee

Computer & Language	Skill classes	Field visits-PSM	Orientation class	Sports & Extracurricular activity	AETCOM

- Computer classes will be held in Computer lab situated at College Library.
- Language classes will be held at auditorium/seminar rooms
- Sports activities will take place in outdoor and indoor stadiums present in college premises such as TT court, badminton court, Carrom & Chess, Cricket , Volleyball court , Football ground etc.
- Remaining AETCOM hours (09 hours) will be covered throughout the year as per curriculum 2019.
- TL methods will be appropriately chosen by faculty including interactive activity as much as possible.

Chairman (Sports Committee)- Dr K K Daryani

Members of Sports Committee:

Dr Lalit Shrivastav, Dr K K Gour, Dr Amarish Tiwari, Dr Vineeta Ghanghoria, Dr Vandana Punase, Dr Mayura Setiya, Dr Shailesh Kumar, Dr Rakesh Gadhwal, Dr Hemlata Chaurasia, Dr Ruchir Khare, Dr Jaidev Singh, Dr Priyanka Bhatkulkar, Dr Mukesh Roy, Dr Vinay Chhattani, Dr Radhika Nandwani, Dr Animesh Ade, Dr Sachin Kuchya, Dr Rajesh Kumar, Dr Vimmi Agrawal, Dr Manish Nagendra, Dr Mamta Gour, Dr Rajan Godvin, Dr Rajesh Turkar, Dr Neha Tiwari, Dr Babita Nageshwar, Dr Jyoti Arora, Dr G P Nishad, Dr Yogita Raj

Chairman (Extracurricular activity Committee) : Dr H S Verma

Dr Kavita N Singh, Coordinator ,MEU

N S C B Medical College, Jabalpur

Dr Navneet Saxena ,Dean & Chairman MEU

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